

NON – INSTRUCTIONAL OPERATIONS

Wellness Policy

This policy is based on a combination of state and federal laws and guidelines. This policy along with administrative procedures written to support those laws are for the purposes of promoting wellness with students and staff. The Oneida School District is committed to providing school environments that promote and protect children’s health, well-being, and ability to learn by supporting healthy eating and physical activity. Therefore, it is the policy of the Oneida School District that:

1. Community involvement, including input from parents, students, school food service, the school board, school administrators, educators, and the public to continually seek ways of improving district wellness.
2. Standards for nutrition education, physical activity and other school-based activities that are designed to promote student wellness in a manner that the local education agency determines as appropriate.

Standard 1: Offer nutrition information and education from trained staff members throughout school campuses based on the U.S. Dietary Guidelines for Americans.

Standard 2: Educate children within our schools with the knowledge and skills needed to adopt healthy eating behaviors.

Standard 3: Integrate Nutrition education into the curriculum.

3. Nutrition guidelines for all foods available on each school campus under the local education agency during the school day with the objectives of promoting student health and nutrient-rich meals and snacks. This includes food and beverages sold or offered in:
 1. A la carte sales
 2. Vending machines
 3. Student stores
 4. Food and beverages used for classroom rewards
 5. Fundraising efforts
4. Guidelines for reimbursing school meals to ensure that the district offers school meal programs with menus meeting the meal patterns and nutrition standards established by the USDA
 - 1: Meet the expectations set by State of Idaho for serving meals subsidized by the Federal government.
 - 2: Encourage participation of the Healthy School Meal Challenge per school

